# SiO Maser Emission and the Intrinsic Properties of Mira Variables

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Abstract. This paper presents observations of SiO maser emission from 161 Mira variables distributed over a wide range of intrinsic parameters like spectral type, bolometric magnitude and amplitude of pulsation. The observations were made at 86.243 GHz, using the 10.4 m millimeter-wave telescope of the Raman Research Institute at Bangalore, India. These are the first observations made using this telescope. From these observations, we have established that the maser emission is restricted to Miras having mean spectral types between M6 and M10. The infrared period-luminosity relation for Mira variables is used to calculate their distances and hence estimate their maser luminosities from the observed fluxes. The maser luminosity is found to be correlated with the bolometric magnitude of the Mira variable. On an H-R diagram, the masing Mira variables are shown to lie in a region distinct from that for the non-masing ones.

Key words: stars-SiO masers-stars-long period variables-stars-late type—masers-SiO—radio lines-molecular

## 1. Introduction

It is well known for more than a decade now, that many oxygen-rich Mira variables exhibit the SiO maser phenomenon. This emission has been observed in rotational transitions of excited vibrational states upto v=3, (Alcolea, Bujarrabal & Gallego 1989; Jewell et al. 1985). One of the basic questions that has remained poorly investigated is that of the relationship between the maser emission and the intrinsic properties of the Mira variables. This question has a bearing on the understanding of both. So far, about 190 late-type stars have been observed by millimeter wave telescopes, and about 40 per cent of them have shown maser emission (Engels & Heske 1989). Preliminary attempts at studying the correlation of the maser power with spectral type were made by Cahn (1977) and Spencer et al. (1977).

Cahn (1977) reported a correlation between the absolute maser luminosity and the spectral type at maximum light and concluded that a Mira variable of any mean spectral type attains maximum value of maser power on approaching the zero phase of pulsation corresponding to the maximum light. Then, knowing the spectral type

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and the pulsational phase of the star, one can predict its maser power, and use its measured value to obtain the distance to the Mira variable. The range of spectral types covered by Cahn was from M6 to M10, and 15 sources were considered in his study. No negative detections were included. Subsequently, Dickinson et al. (1978), found seven new Mira variables to be masing, and noted that all of them had spectral types later than M4. Two of these, i.e. Y Cas and RT Aql, were observed at near zero phase and allowed easy confrontation with the above mentioned correlation. While Y Cas fitted with the correlation, RT Aql did not. The dependence of maser luminosity on spectral type earlier than M6, not considered by Cahn, remained unanswered due to lack of adequate observations.

Spencer et al. (1977) noted that at spectral types near M8, the probability for a Mira variable to show SiO maser emission is greater than 40 per cent. Their sample consisted of 81 stars with very few objects earlier than M6. Their detection limit was 30 Jy and their conclusions were based on fluxes, without taking distances into account.

In this paper, we report observations of 161 (mostly Mira) variables made at  $86.243\,\mathrm{GHz}$  corresponding to the  $J:2\to1$ , v=1 transition in SiO. One of the motivations of these observations was to study the dependence of the SiO maser luminosity on intrinsic properties of Mira variables. Therefore, we selected the sources to cover a wide range in spectral type. These observations are the first ones made using the Raman Research Institute (RRI) 10.4 m telescope at Bangalore, India. The method of observation and the instrumental characteristics are briefly described in section 2, (for more details see Patel 1990). In section 3, we present the list of sources we have observed, and the results of our observations. The integrated fluxes are converted to luminosities in section 4. The correlations between the maser luminosity and the intrinsic properties of Mira variables, that have emerged from our observations, are described in section 5. Finally, in section 6, we discuss these results and attempt their interpretation.

#### 2. Observations and results

### 2.1 Observations using the RRI 10.4 m Telescope

The 10.4 m millimeter-wave telescope at the Raman Research Institute in Bangalore, is a Cassegrain type antenna on an altitude-azimuth mount, with the receiver at the Nasmyth focus. This telescope is located on campus, at a latitude = 13° 00′ 44.46″, longitude = 77° 34′ 59.67″, and at an elevation of 930 meters above mean sea level. The front-end receiver is a wave-guide mounted Schottky-barrier diode mixer followed by an IF Amplifier at 1.4 GHz, both cooled to about 20 K. The radiation is coupled by a lens to a quasi-optical diplexer which is closely attached to the dewar containing the mixer and the IF amplifier. The local oscillator is a Gunn-oscillator tunable from 85 to 120 GHz. The back-end used for the SiO observations consisted of a synchronous-detector for continuum measurements (for pointing and gain calibrations) and the following spectrometers: a 256 channel filter-bank having a resolution of 250 KHz (0.87 km/s at 86 GHz), and an acousto-optical spectrometer having an effective resolution of 210 KHz (0.71 km/s at 86 GHz), over a total bandwidth of 120 MHz.

The observations reported here were made during three seasons in 1988, 1989 and 1990. The typical values of double side-band system temperatures at zenith were

between 400 and 500 K. The observations were calibrated using a chopper-wheel positioned between the diplexer and the lens. The zenith optical depth  $\tau_0(z)$ , frequently monitored by taking dip scans on the sky, had typical values between 0.1 and 0.5. The r.m.s. pointing error was about 5 arcsec, as found from continuum scans of Jupiter and 5-point grids made on strong SiO sources. The aperture efficiency  $\eta_A$ , was calculated from continuum scans taken on Jupiter and Venus. The mean value of  $\eta_A$  was 0.45, during 1988 and 1989; for the 1990 data,  $\eta_A$  was found to be a function of elevation, due to a possible misalignment in the feed-horn inside the dewar. The value of  $\eta_A$  during this season was between 0.3 and 0.4. The measured fluxes of sources observed during this season, have been corrected for this effect. Furthermore, all observations made between IST 12 hrs to 18 hrs have been corrected for a drop in the gain of the telescope, due to the differential heating of the dish by the Sun. The reduction in the sensitivity of the telescope during daytime is about 20 per cent.

The variations in the detected power due to the inhomogeneous and varying atmosphere, and due to gain variations in the receiver, were cancelled by beam-switching which was achieved by tilting the tertiary mirror. The amount of beam thrown on the sky was about  $80 \, \mathrm{arcsec}$  ( $\pm 40 \, \mathrm{arcsec}$  about the center of the beam).

Observations were made using a dual beam switching method. In this method two beam switched spectra are acquired, in which the respective reference positions straddle the source in azimuth. A residual ripple with a peak to peak antenna temperature of about 0.5 to 1 K, which was present in each of these spectra, can be cancelled by averaging, leading to a very flat baseline as seen in Fig. 1.

# 2.2 Selection of Sources

The observed Mira variables were selected mostly from The General Catalogue of Variable Stars (Kholopov 1985, henceforth GCVS) and in a few cases from Gezari, Schmitz & Mead (1984). Since one of our aims was to check the hypothesis that SiO masers exist only in very late-type Mira variables (with mean spectral type greater than M6), we included a substantial number of objects at spectral types earlier than M6. We also attempted to select those objects which have been well studied at near infrared wavelengths, so that we can obtain information about the variation of spectral types during pulsation, and its relation to the maser emission. Thus, we had many objects which are common to the catalogue of Lockwood (1972). To avoid very long integrations, an attempt was made to exclude objects that are at a distance greater than 1 kpc from the Sun, by restricting the visual magnitude to lie below 15 magnitudes.

The list of selected objects along with their intrinsic properties is given in Table 1 in cols. 2–7. Among these, period was available for 143 objects. Fig. 2 shows their distribution in period. For 28 sources the spectral type was either unknown or not M. The distribution of the remaining 133 sources in the mean spectral type is shown in Fig. 3. The similarity of these histograms with the corresponding ones for the galactic Mira variables (Ikaunieks 1975), shows that the sample we have selected is unbiased.

The phases of pulsation  $(\phi)$  and the visual amplitude of pulsation  $(\Delta m_v)$  for some of our sources were provided by the American Association of Variable Star Observers (AAVSO). These occur in cols. 8 and 17 of Table 1.

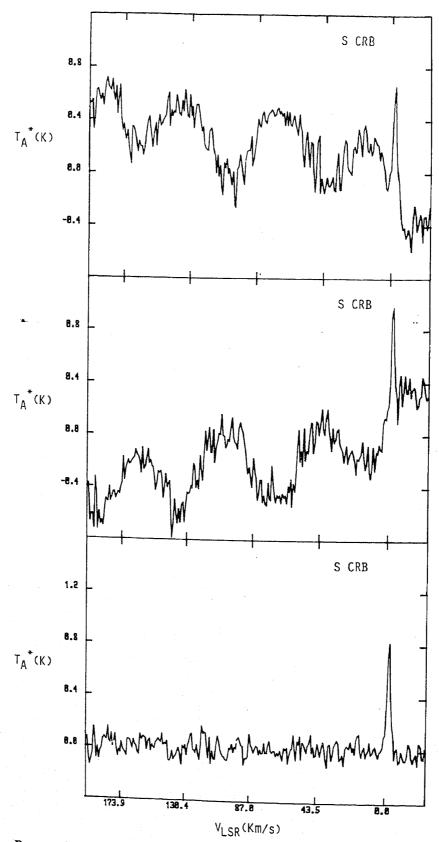


Figure 1. Beam-switched spectra acquired with offsets in azimuth, to one side (top panel), to the opposite side (middle panel) and their average (bottom panel).

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Log. Teff.		2 45	3.55	3.45	3.46	3.39		3.53	3.47	3.52	3.46	3.39		5.5 		3.46	3.21	3.50	3.50		3.42	3.45	3.31	3.42		:	3.41		3.54	
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3 4	01 77	¥ ×	X			7547				0.02			<del></del>		3.39
2 8	26 34	<b>=</b> >	W6F-W8F	333		7986				0.097		401	< 0.13		3.45
8	+08 29 54	×	M4E	414	0.64	7553				90.0		1097	< 0.53		3.53
ū	96 90	>	MeF.W10F	430	0.10	7545	0.80	26.1	3.55	90.0	90'0	164	90.0	0.9	3.39
1 1	2 2	>	WAF WE SF	713	0.68	7270				0.05		586	< 0.16		3.43
i e	17 47 KO 53	CB B?	MAF-M7	180	3	7217				0.04		181	< 0.01		3.50
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9	09 59	SR	S8.5E(M4-8)	308		7258				0.09		326	< 0.08		3.46
8	26 00	×		325	0.82	7562				90.0					
<del>\$</del>	-49 41 48	SRB	M8III	06	0.91	7258				0.07		142	< 0.01		3.39
83	+58 33 01	SRC	M2EIA	730		7984	0.60	-1.9	6.7	0.18	0.19	238	0.49		3.55
- 2	2 17 13		M5.5E-W8.8E	388	0.85	7269	7:1	<u>.</u>	3	0.10		178	< 0.02	4.3	3.44
3 5	03 19 19	: >	MSF-M9F	332	0.21	7241	8.00	45.6	7.8	0.10	0.30	112	0.81	5.5	3.45
3 9	77 77	₹ >	MGE	327	0.26	7214				0.07			-		3.49
65	+19 03 38	<b>×</b>	M5E-M8EP	363	0.23	7233				0,05		980	< 0.35	5.7	3.47
~	131 30 36	>	M6F-W8F	360	0.28	7237	99.0	-1.8	3.3	₩0.0	0.04	323	0.24	5.6	3,45
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ξ;	-18 58 40	¥ £	M4.0E-M3E	160	6.5	7931	0.39	6.5	30	0.04	0.04	121	0.03		3.45
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õ	19 04	SKB	MOE-MIE	cer ou	7	7976	2,00	7.6	4.9	0.10	0.20	762	5.92	8.2	
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ź	Source	\(\alpha(1950)\)	\$(1950)	Variable	Spectral	Period	-6-	JD244—	7 (X)	km/s	, d / m / s / m / s	·			phot./s	AAVSO	T.f.
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63	Cyg Z	20 00 00.0		× ;	Mor-war		2	7986				0.10		753	< 0.56	t	3.5
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	Cyg UX	20 53 00.0															3.53
9	\ <u>\</u>	20.24.06	+38.11.16	rc	M3.5IA			7986				0.14	,				
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3 2	Eri V	04 02 01.5	-15 51 37	SRC	MeII	76		1740									
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7	Fri W	04 09 23.6	-25 16 04	×	M7E-M9	377	0.39	1233	-			90 0		157	< 0.01	1.4	3.53
: í	E	02 45 39 0		SRB	M4III	80		7215		_		20.0					3.31
7.	Eri 6	02 45 32.0		>	6W	349	0.89	7547				0.03		•			3.49
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74	Gem EE	06 36 30	+13 10 40	<b>*</b> >	M2.5E-M8E	165		7986				0.095		1414	7		
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				7	WE ST. MG SF	406	0.56	7256	1.40	-15.7	3.2	0.05	0.08	676			2 43
76	Her U	16 23 35.0	+19 00 24	<b>E</b> 2	Me Mo	485	0.52	7560				90.0		212	71.0 >	- 0	2 2
7.7		16 08 05.7		E.A.	Mo.o.m.	}		7251				0.09				7.0	100
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7.0		02 52 12		×	M5E-M8E	400	3 6	7910	07.0	8	6.5	90.0	0.10	119	0.05	3.5	3.47
8	H V3 R	13 26 58.4	-23 01	×	M6E-M9E	389	0.30	017	3	:				,			
3		:  :: <del> </del>				1		1				0.07		1037	< 0.55	4.9	3.49
5	D D	08 50 57 4	+03 15 29	×	M4E-M8E	7.57	6.28	0771				20.0		881	< 0.28	4.8	3.49
10		08 53 14 7		×	M3E-M9:E	299	0.30	7285		-		20.0		293	< 0.03	1.0	
3 6		10 35 04 9		SRB	C6.5,3(N2)	420		7248				1 2		348	< 0.04	3.0	
<u>~</u>		10 50 01.0	3 6	SRA	C6.3E-C7.5E(N6E)	531	0.75	7247			,	* 0.0	9	6	0.52		3.37
84	Hya V	10 49 11.3	50 50 50	SRA	M7.5E-M9EP	361	0.75	7560	5.30	34.9	3.4	0.10	0.40	7	-	<b>!</b>	
82		13 40 12.4	07									1		907	/ 6.11		3.41
			00 00 71	<b>&gt;</b>	M7E-M8.5E	301		7981				0.085		376	/ 0.05	-	:
86		09 33 07		= ;	Ce N/NaD)	303		7229				90.0		040	/		
87	Hva Y	09 48 45.0			C3.4(1931)	270	0.69	7931				0.03		1265	c 0.35		9.50 1.00
8		09 42 42.0			M3E-M8E	040	70.0	7074				90.0		294	< 0.04		3.45
8		08 27 13.0		SRB	M6E-M8E	067		7230	0 33	-4 95	2.07	0.083	0.053	671	0.31	2.6	3.43
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No.	Source	α(1950)	(0561)9	Variable type	Spectral	reriod. (days)	e-	JD244—	(K)	km/s	km/s	ь	(1.1.)	(pc)	phot./s	AAVSO	Teff.
														,			
16	Hva. SW	13 00 37.0	-28 50 00	×	M2E	219	0.93	7244				0.05					3.55
6	Hva TU	08 55 43.0	-00 38 12	M	M5E	277	0.21	7243				90.0					3.51
03	IR 6	17 11 56	+08 59 12					7987				0.056					
94	TRC+60169	06 30 02.0	+60 58 54					7282	0.46	-23.8	6.3	0.10	0.10				
95	IRC+70066	05 41 16	+69 56 54					1987	0.38	-2.6	4.4	0.09	60.0				
		-															
96	IRC-10414	18 20 28	-13 44 06					1861	0.24	51.6	1.6	0.07	0.07				
97	IRC-10529	20 07 46	06 24 42					7987		_		80.0					
86	Leo R	09 44 52.2	+11 39 40	×	M6E-M9.5IIIE	310	0.72	7224	0.72	2.6	3.2	0.10	0.10	108	0.25	4.2	3.41
66	Leo S	11 07 58.7	+06 27 01	×	M3E-M6E:	190	0.14	7229				90.0		3308	< 4.82	3.8	3.52
100	Leo VY	10 53 26	+06 27 12	LB;	M5.5III			7229				0.05					3.50
101	LMi R	09 42 34.6	+34 44 33	M	M6.5E-M9E(TC:)	372	0.65	7210	0.20	1.5	9.4	90.0	0.08	272	0.14	6.0	3.41
103	I.M.; P.W.	10 13 10	70 49 07	SRA	CAREV	640		7979				0.063		778	7 0 35		
3 6	I am D	01 67 10 7	14 50 46	\ \ \ \ \ \	CT SE(New)	1040	000	7597				20.00		700	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	ć	
103	Lep R	04.57.19.7	-14 52 40	Z ;	C/.oE(NoE)	124	 80.0	157				60.0		384	)0.0 >	3.0	
104	Lep T	05 02 43	-21 58 18	×	M6E-M9E	368	0.64	7232				0.05		350	< 0.04	4.6	3.42
	Lep I						-	7986				0.14		320	< 0.14		
105	Lep RT	05 40 28	-23 43 00	×	M9E	399	0.55	7549				0.05					3,31
20		00 20	0	7	27.5	t	;	i	,			i c					,
	rep 31	07 10 00	-13 00 10	₹ ;	Mor	205	0.44	1001				0.0					3.51
_		15 53 27.9	-18 09 54	≅ ;	M4E-M8E	277	0.36	7219				0.02		1062	< 0.41	5.6	3.49
108		15 30 28	-15 09 30	×	M5E-M6E	317		7986				0.12		905	< 0.88		3.50
		15 57 37	-12 12 35	≥	M8.1-M9	415	0.41	7230				0.04		1275	< 0.48		3,35
110	Lup R	15 50 13.1	-36 09 02	×	M5.5-M8*	236	0.26	7218				0.10		939	< 0.65	4.0	3.46
111	Lyr V	19 07 08	+29 34 00	×	MTE	373	0.55	7293				0.10		888	< 0.58	5.1	3.45
	Lyr V							1979				0.073		888	< 0.57		
112	^	18 43 39.0	+43 34 54	M	MTE	504	0.67	7294			-	0.05		1019	< 0.38	4.3	3.45
		20 24 51.9	-28 25 41	SRB	M6E	347		7991				0.13					3.49
114		21 20 35.5	-40 55 18	×	M3E-M6E	381	0.15	7248				0.09		1043	< 0.72		3.59
115		07 28 24.2	-09 40 14	RVB	F8EVIB-K0PIB(M2)	91	0.26	7238				0.04		634	< 0.12	2.0	
116	Mon ER	06 55 35	-07 59 12	×	M9:	326	0,13	7547				80.0					3.31
117	Mon FX	A 12 24 A	TUG 32 12	_	M1-M8	428	0.33	7264				90.0	_	875	< 0.34		3.52
	Mon GN	06 93 19	+08 05 24	-  >	Ng.			7547				0.05					3.31
		01 07 00	30 00 00	>	Mo	F 0.7	08 0	7546	96.0	3.4	4.3	90 0	0.07	921	1.06		3.31
	ر ا ز	00 49 09	3	<b>Z</b>	MIS TO THE	7	60.0	2 0	3		}	10			· · · · · · · · · · · · · · · · · · ·		3.55
120		17 47 32	-06 41 49	A A	OB+M2EP			000/				21.0					

ľabl	Table 1: Continued	panu				7.	+	ID244—	$Ta^{\bullet}$	>	AV	0	$\sigma(fii)$	-	SiO lum.	Δm. A AVSO	Log.
No.	Source	a(1950)	6(1950)	Variable	Spectral	reriod (days)	<b>a</b>		_	km/s	km/s	+	+-	(bc)			1
-+		+		A N	M7E(C)	426		9862	·			0.10		817	< 0.59 < 1.03	5.5 7.	3.53
121	Oph RT	17 54 11	+11 10 30 +09 27 23	×	M3E-M5E	202	0.61	7250				0.05		1	7		3.39
<u> </u>	Oph V1111		+10 22 27	≱ :	M4III-M9	414	0.92	T549			,	0.05	80	345	0.20	5.7	3.41
	Ori S	05 26 33 05 52 50.9	-044354 +201005	z z	M6E-M9.5E	368	0.24	7213	0.51	-32.9	2.3	0.10	99.0				
	Ori U									·		90 0		1659	< 1.21	4.7	3.50
		1	. 64 09 19	>	M3E-M8E	264	0.38	7246				0.00		221	< 0.02	1.8	
126	Ori V	05 03 25	+04 02 12 +01 06 37	SRB	C5,4(N5)	212		7245 7946				0.10		396	< 0.68		3.21
		0.54 20 00	+13 44 24		M10	429	11.0	7246				0.07					3.53
		04 48 19	+03 03 42	<b>X</b> :	M10E	328	06.0	7552		-		0.07	<u></u>				
130	Ori EU	05 12 30	+03 26 00	×	M4	3				1	,	30	0 10	471	69.0	5.4	3.42
		(	. 10 16 99	>	M6E-M9E	378	0.92	7272	0.37	25.7	0.0	90.0	90.0	761	1.91	2.0	3.51
131	Peg R	23 04 08.0	+10 10 22		M3IAE-M7	822	0.27	7219	06.0	0.	;	0.09				1	3.54
132	Per S	-02 19 15.1	+30 77 02+	ZAND	M3IIIEP+A0	682	0.94	7551				60.0		548	< 0.25	5.7	3.43
133	Per AX	01 33 06	+54 00 10	M	M6.5E-M8III-IIE	428	0.19	7245				0.16		548	< 0.35		
134	Pic S	05 09 37	140 34 00	:				7989				0.10		916	< 1.02		3.52
,	Pic S	01 28 03	+02 37 30	M	M3E-M6E	344		7988				2	1	9	17.6		3.39
CST	1 20 1	1		ļ	Ms	099		7978	0.50	8.1	3.1	0.07	0.07	1129	0.70	6.4	3.47
136	PSc WX	01 03 48	+12 19 42	¥ 2	M4E-M9E	509		7561	0.26	1.9	4.5	0.00	, 	1372	< 1.10		3.53
137	Pup Z	07 30 29	-20 32 49	W	M3-M5*	306		7217				0.00		2120	< 2.31	,	
138	Pyx S	09 02 53.9	-24 52 43		ME	330	0.39	7559				0.0					
139	Pyx X	09 02 53.9	-24 52 49					7256				0.10					
140	Sge HM	19 39 41	+10 31 33									0.00		472	< 0.10	6.4	3.47
	Ser BB	19 52 49	-29 19 16	×	M4E-M9E	336	0.60	7988	, <u>, </u>			0.12		472		, e	3.45
141	Ser RR				VIGORIA PEROETA	73.9	0 13		2.00	6.7	12.5	0.05	0.30	410	_	5.9	3.42
142	Sgr VX	18 05 05.0	-22 14 00	-	M4EIA-MIUELA		-					0.05		243			
143		16 53 26		<b>E</b>	THE THE TANK			7988			u u	0.00	0.10	533			3.52
	Sco RR		20 37 61	,	M4E-M5IA-IAB				0.20	-13.		0.00		728	< 0.39	4.8	3.50
144		17 08 01.9			M5E-M6E	372	0.00	7283									3
145		15 19 16.5										0.10		1197			3.39
		7 10 20 21 7	7 119 44 20		M8E	425		1230				0.05		439	<b>v</b>	9.0	0.40
146	Ser WA	04 25 36.0		M	M5E-M9E	321	0.21		2.30	33.3	3 3.6		0.40	762	0.59		3.49
14/		03 50 40 0	) +11 15 00	×	M6E-M10E	4						0.093		315			3.50
148		10 41 08	·	×	M3E-M9E	302	- 1	7979				0.09		1018	v 		9
149	UMa T	12 34 07			M4IIIE-M7E		-	-				_		-	_		
3	_	_				_	1										

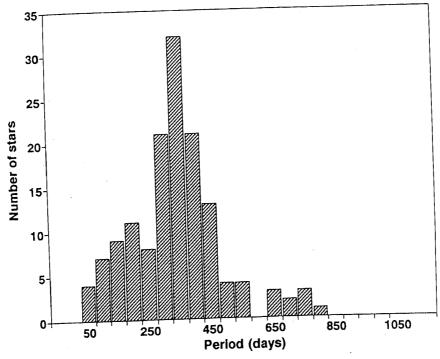


Figure 2. Distribution in pulsation period of the observed sources.

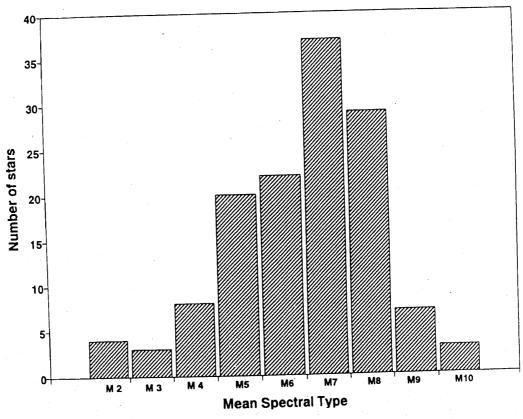


Figure 3. Distribution in mean spectral-types of the observed sources.

#### 2.3 Results

The results of our observations are presented in cols. 10-14 of Table 1. Of the 161 sources observed, 37 showed SiO maser emission. The fluxes ranged from 0.2 to 11 K (16 to 880 Jy) and the full width at half maximum from 1 to  $10 \,\mathrm{km/s}$ . The  $1\sigma$  noise level was 0.04 to 0.11 K (about 3 to 9 Jy).

Among the positive detections, the following seven sources are new detections at 86 GHz not found in the compilation of Engels (1979), or Engels & Heske (1989); R Cae, T Cnc, R Crt, R Hor, RU Hya, S Vir and SW Vir. Note that T Cnc is a C type star (Vardya 1989). In these stars the oxygen to carbon ratio is <1 and one expects SiO to be a less dominant Silicon species compared to say SiS (Sahai 1987); thus the presence of SiO maser emission in T Cnc is surprising (see also Lloyd Evans 1990). The spectra of some new detections, and of one negative detection baseline are shown in Fig. 4(a) & (b). The parameters listed in cols. 9–14 of Table 1 are obtained by fitting gaussians to the line-profiles. In case of multiple peaks within the profile, we have fitted gaussians to the individual peaks, where we could discern the peaks to be separate. In blended features, we have not fitted more than one gaussian. To obtain upper limits on fluxes and luminosities for non-detections, we have used a mean value of 5 km/s for the line-width, and  $3\sigma$ , for an upper limit in antenna temperature, where  $\sigma$  is the r.m.s. noise in the baseline.

#### 3. Distances of the Mira variables

As a first step towards knowing the relationship between the maser phenomenon and the properties of the Mira variables, we convert the observed maser fluxes into luminosities.

To calculate the true maser luminosity, one needs to know or assume something about its isotropy. According to Alcock and Ross (1986), the maser emission is likely to be highly anisotropic. VLBI observations indicate emission from spots located around the star over a region of angular dimensions about 5 times the stellar radius (Moran et al. 1979; Lane 1984, McIntosh et al. 1989). It is likely that the emission is beamed and some of it is aimed towards us appearing as spots. However, at present there is not enough data (e.g., time-monitoring with VLBI), to conclude anything about the geometry of the total emission from the source. We can do no better than to assume that no matter from which direction one is looking at the Mira variable, one would see more-or-less the same fraction and that the filling factor is the same for all Miras. We have determined the distances to the Mira variables in our sample and obtained the maser luminosities from the observed integrated fluxes under the spectral lines by assuming isotropic emission.

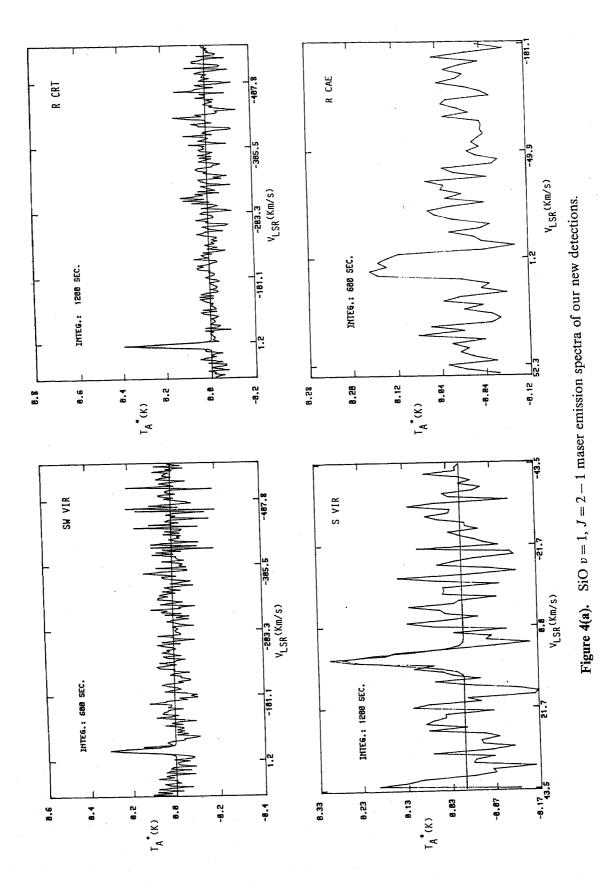
Currently, the best available period-luminosity relation for Mira variables is in terms of the K-magnitudes, and is given by,

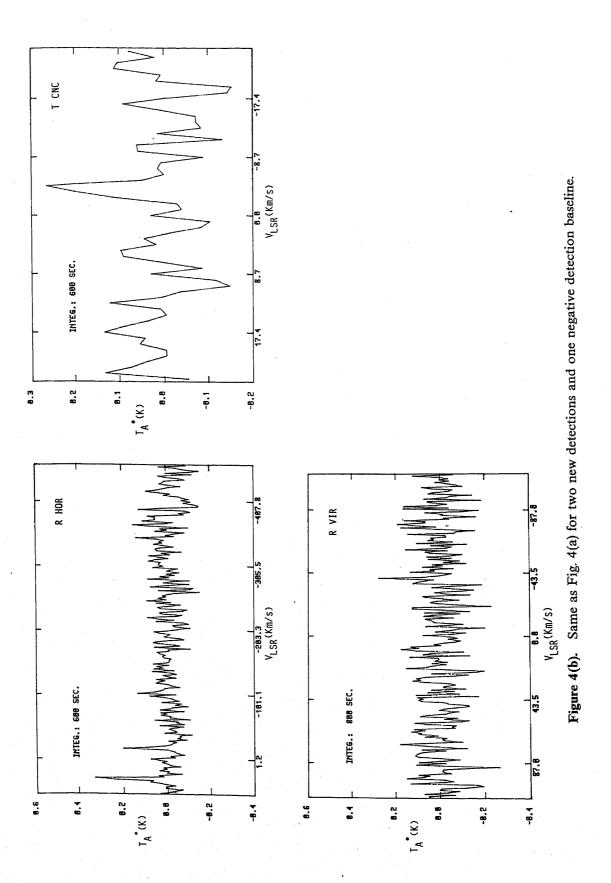
$$M_K = 0.53 - 3.291 \log P,\tag{1}$$

with r.m.s. of about 0.1 magnitude (Feast 1984). We have used this relation to derive distances to Mira variables in our sample. Following Feast et al. (1982), we have corrected the apparent magnitudes for interstellar extinction, i.e.,

$$A_{K} = \frac{0.12}{\sin b} (1 - e^{-10r\sin b}), \tag{2}$$







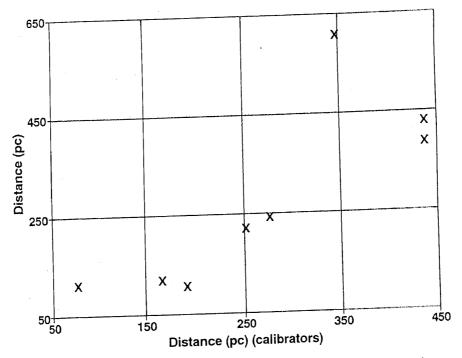


Figure 5. Comparison of our distances with the "Calibrator" distances (see text).

where r is the distance in kpc and b is the galactic latitude. The apparent K magnitudes were obtained from Catchpole et al. (1979) and from Gezari, Schmitz & Mead (1984). These derived distances, when plotted against the eight 'calibration' distances of Robertson & Feast (1981) in Fig. 5, are in good agreement. IR distances are reliable due to their relative insensitivity to extinction corrections and we have therefore adopted them. These calculated distances and luminosities of the observed sources are listed in cols. 15 and 16 of Table 1.

A correlation between distances and some intrinsic stellar property is not expected unless there is a hidden bias in our distance determination method. A check confirmed no correlation.

# 4. The SiO maser luminosity and intrinsic properties of Mira variables

# 4.1 Determination of Effective Temperature

The spectral type of a Mira varies during its pulsation. The spectral types listed in column 6 of Table 1, are from the General Catalogue of Variable Stars (Kholopov 1985), and represent the extreme values during the pulsation cycles. The spectral types for several Mira variables at optical maximum are given by Keenan, Garrison & Deutsch (1974), and throughout the pulsation period by Lockwood & Wing (1971). The calibration of the spectral type with effective temperature for the Mira variable is full of uncertainties (Bessell et al. 1989).

Dyck, Lockwood & Capps (1974) have obtained colour temperatures from black-body fits to their measured fluxes at 1.04 and 2.5 microns and have calibrated these colour temperatures with the effective temperatures of seven cool stars whose

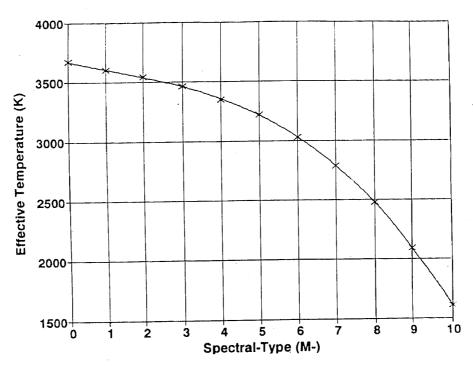


Figure 6. Dependence of effective temperature on the spectral-type of a Mira variable (from Dyck et al. 1974).

angular diameters have been measured. Their sample of stars contain Mira variables and IRC stars. The effective temperatures determined by this method, are shown in Fig. 6, which also shows a fitted polynomial. We have used this relation here. These temperatures appear in col. 18 of Table 1. One must note that the measured points are accurate to about half a division in spectral type. Since most of the energy is emitted at infrared wavelengths, it seems reasonable to adopt these temperatures which are obtained by measurements of fluxes and diameters at these wavelengths.

### 4.2 The H-R Diagram for Mira Variables

The absolute bolometric magnitudes from the P-L relation (Equation 1), and the effective temperatures obtained from spectral types as mentioned above, are used to plot an H-R diagram for the Mira variables in our sample. This is shown in Fig. 7. This figure may be compared with the H-R diagrams for Mira variables obtained previously by Keeley (1970), Scalo (1976) and Tsuji (1981). The H-R diagrams given by these authors are mainly for M-giant stars, including a very few Mira variables. As far as we know, Fig. 7 shows for the first time, the evolutionary status of the masing and non-masing Mira variables. From this we see that the masing sources lie

gion  $M_{\rm bol} \leq -4.8$  magnitude and  ${\rm Log}(T_{\rm eff}) \leq 3.47$ . The four '#' symbols supergiants, i.e. S Per, AH Sco,  $\mu$  Cep, and VX Sgr. The three SiO maser with  $M_{\rm bol} \cong -4.2$  are R Crt, RT Vir and SW Vir whose variable types are with one most income with the siO luminosities of these are  $\approx 0.03$  photons bout 5 per cent of the typical values observed for Mira variables. The and  $T_{\rm eff}$  mentioned above are only for Mira variables. A similar

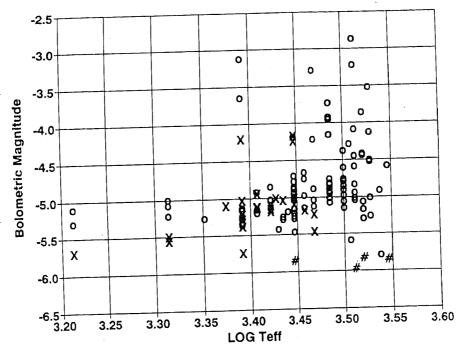


Figure 7. H-R diagram for the observed masing and non-masing sources. 'X' = maser, 'o' = non-maser and '#' = supergiant star.

conclusion for supergiants or variables of different types can be made only after more such stars are observed.

The limiting values of  $M_{\rm bol}$  and  $T_{\rm eff}$  may be indicating that a Mira variable has to attain a certain age before the onset of the SiO maser emission. On the other hand, using

$$M_{\text{bol}} = 42.31 - 5\log\left(\frac{R}{R_{\odot}}\right) - 10\log T_{\text{eff}},$$
 (3)

the limiting values of  $M_{\rm bol}$  and  $T_{\rm eff}$  imply a lower limit on the stellar radius of  $\approx 300R_{\odot}$ , below which the SiO maser emission is suppressed. A large value of radius may simply allow a larger path length for the gain of the maser, and hence a greater maser luminosity. It also implies the density of gas in the envelope to be low, a condition which is favourable for non-LTE.

# 4.3 Correlation of Maser Luminosity with Spectral Type and Bolometric Magnitude

In Figs. 8 and 9, we have plotted the maser photon luminosity, and the maser flux as a function of distance. These figures show that the maser sources are not equally luminous, and the variation in the luminosity is intrinsic to the source. Fig. 10 shows the SiO maser photon luminosity as a function of the mean spectral type (MST). The intrinsic properties of super-giants represented by "#" are expected to be different from those of the regular M-giant Mira variables. But for the three super-giants, all the masing Mira variables have MST later than M6. As a Mira variable approaches the maximum visual brightness during its pulsation (i.e. the zero phase), its spectral class

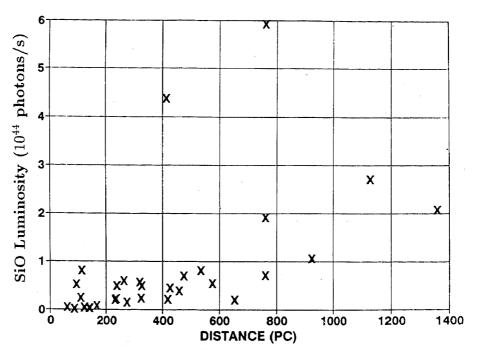


Figure 8. The SiO luminosity of maser sources versus their distances.

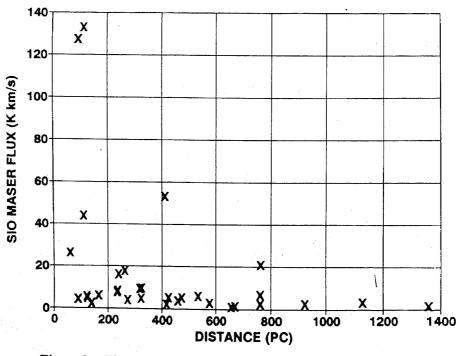


Figure 9. The SiO flux of maser sources versus their distances.

approaches an earlier type (corresponding to a hotter temperature). The limiting spectral type below which there is no maser emission is therefore expected to be even earlier in terms of the zero phase spectral type (ZPST) than the MST. In a plot similar to Fig. 10, instead of MST we used ZPST which was available for some sources from Keenan, Garrison & Deutsch (1974). The limiting value in terms of ZPST was found

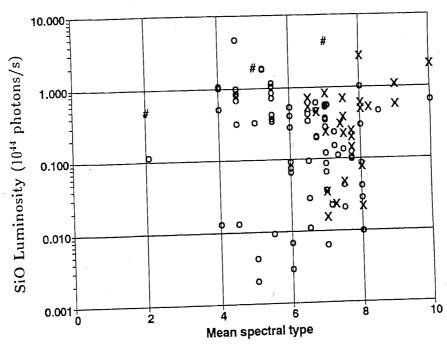


Figure 10. A plot of the SiO maser luminosity versus the mean spectral-type of the star. 'X' = maser, 'o' = non-maser and '#' = supergiant star.

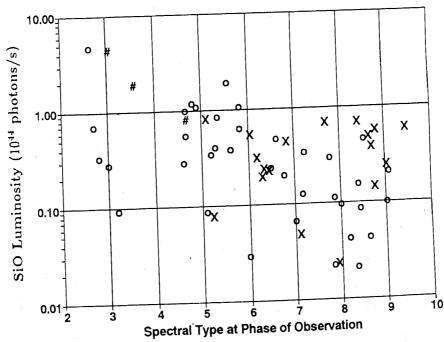


Figure 11. Same as Fig. 10 except the stellar spectral-type is at the pulsation phase at the epoch of observation.

to be M5. Some of the sources for which we could find both, the distance as well as the phase of pulsation at the time of observation, are plotted in Fig. 11. Although this plot has a much smaller number of sources, we see that the masing Miras do not show a preferred value of spectral type in the range M6-M10. The range of spectral types for which the maser emission occurs is thus not smaller than that for the MST.

There are a substantial number of non-masers even in the spectral range M6-M10, as listed in Table 2. To check if they are at phases which correspond to the minimum SiO luminosity, we have plotted their distribution with phase (see Fig. 12). Although the number of sources in this histogram is rather small, there is no indication of a preferred phase implying that being at the phase of minimum SiO emission cannot

Table 2: Non-detections among Mira variables with mean spectral-type > M6.

No.	Source	Variable	Spectral	$M_{bol}$	$\Delta m_v$	$\Delta m_v$	Prev.	SiO lum.	Phase
		$ ext{type}$	type		AAVSO	GCVS	Det.*	(×10 <sup>44</sup> )	
1	Ant V	M	M7IIIE	-4.91			a,c		0.46
2	Agl RT	M	M6E-M8E(S)	-5.00	5.6	6.9	a,c	0.07	0.95
3	Ari U	M	M4E-M9.5E	-5.13		8.0	a,c	0.21	0.74
4	Aur R	M	M6.5E-M9.5E	-5.35	7.0	7.2	a,c	0.03	0.11
5	Aur U	M	M7E-M9E	-5.23	5.5	8.0	a,c	0.09	0.84
6	Cam W	M	М7	-4.85		3.7			0.43
7	Cnc W	M	M6.5E-M9E	-5.19		7.0		0.13	0.33
8	CvN T	M	M6.5E	-4.87		5.0	a,c	0.15	0.55
9	CMa DN	M	M8	-4.07		3.0		0.40	]
10	CMi S	M	M6E-M8E	-5,01		6.6	a,c	0.13	
			Mod Mod	0,01		0.0	u,c	0.10	
11	Cas Y	M	M6E-M8.5E	-5.24		6.6	a,b	0.16	0.68
12	Cen RT	M	M6-M7.5	-4.73		5.5		0.50	0.40
13	Cen UU	M	M8E.5	-5.12		4.0			0.63
14	Cep T	M	M5.5E-M8.8E	-5.18	4.3	6.1	a,b	0.02	0.85
15	Com R	M	M5E-M8EP	-5.11	5.7	7.5	a,b,c	0.35	0.23
16	CrV R	M	M4.5E-M9E	-4.96	6.3	7.7		0.21	0.95
17	Cyg Z	М	M5E-M9E	-4.77	4.6	7.6	a,c	0.29	0.15
18	Cyg SX	M	M7E	-5.24	1.0	7.0	4,0	0.56	"""
19	Dra R	M	M5E-M9EIII	-4.69		6.5		0.37	
20	Eri W	M	M7E-M9	-5.15	5.2	7.0	a,c	0.30	0.39
					-				
21	Gem UZ	M	M9	-5.06					0.89
22	Hya X	M	M7E-M8.5E	-4.91		6.4	a,c	0.11	
23	Lep T	M	M6E-M9E	-5.12	4.6	6.9	a,c	0.04	0.64
24	Lep RT	M	M9E	-5.21					0.55
25	Lib FS	M	M8.1-M9	-5.25				0.48	0.41
26	Lup R	M	M5.5-M8	-4.65	4.0	4.6		0.65	0.26
27	Lyr V	M	M7E	-5.13	5.1	7.5		0.58	0.55
28	Lyr RW	M	M7E	-5.45	4.3	6.2	ь	0.38	0.67
29	Mon ER	M	M9:	-4.99	1.0	Ų. <b></b>	-	0.00	0.13
30	Mon GN	M	M9:	1.00					0.10
31	Oph RT	M	M7E(C)	F 0.7		6.0		0.50	
32	Oph V1111	M	M4III-M9	-5.27	5.5	6.9	a,b	0.59	
33	Ori S	M		<b>F</b> 0.		4.0	,		0.00
34	Ori EP	M	M6.5E-M9.5E	-5.24		6.8	a,b	0.04	0.92
35	Pic S	M	M10E M6.5E-M8III-IIE	-5.09 $-5.28$	5.7	2.5 7.5		0.25	0.28
20	C DD	7.5						0.20	1
36 37	Sgr RR	M	M4E-M9E	-5.02	6.4	8.6	a,c	0.10	0.60
	Sco RR	M	M6II-IIIE-M9	-4.84	5.9	7.4	Ъ	0.02	0.59
38	Tau R	M	M5E-M9E	-4.98	5.6	8.2	a,c	0.09	0.21
39	Umi S	M	M6E-M9E	-5.01		>5.7	a,c	0.14	

Notes: a: Previous detection at 43 GHz.

b: Previous detection at 86 GHz.

c: Previous non-detection at 86 GHz.

<sup>\*:</sup> Benson et al. (1990).

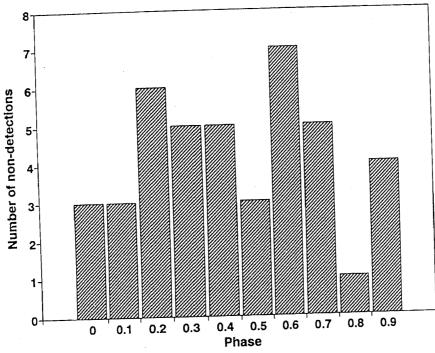


Figure 12. Distribution in the pulsation phase of Mira variables in which SiO maser emission was not detected.

be the sole cause behind their non-detection. Other possibilities are discussed in section 5.

Thus, spectral type later than M6 is a necessary but not a sufficient condition for masing. Fig. 13 shows that the masing Miras are brighter than -4.2 in bolometric magnitude. Thus, another limiting factor is the bolometric magnitude. In fact, many of the non-masers in the spectral type range M6-M10 have bolometric magnitudes fainter than  $-4.8 \, \text{m}$ . Fig. 13 also shows a tendency for the maser luminosity to decrease with increasing bolometric magnitude; this is discussed in Patel & Shukre (1992).

# 4.4 Dependence of Maser Luminosity on the Amplitude of Pulsation

Another possible intrinsic property of Mira variables to which the SiO maser may be related, is the amplitude of pulsation. Mira variables show very large changes in the visual magnitude. The amplitudes of pulsation at infrared wavelengths on the other hand, are much smaller (about 1 magnitude at infrared, for an amplitude of about 5 magnitude at visual). This is expected due to variation in the temperature between 2000 K to 2500 K during pulsation, for a typical Mira variable. Apart from changes in temperature, the amplitude of pulsation will reflect changes in the diameter of the star; and since the SiO maser exists very close to the photosphere, we may expect a physical connection between the maser process and the amplitude of pulsation. To investigate this relation, we have plotted the SiO maser photon luminosity versus the pulsational visual amplitude  $\Delta m_v$ . Fig. 14 shows a tentative anti-correlation between the maser luminosity and  $\Delta m_v$  obtained from GCVS. In

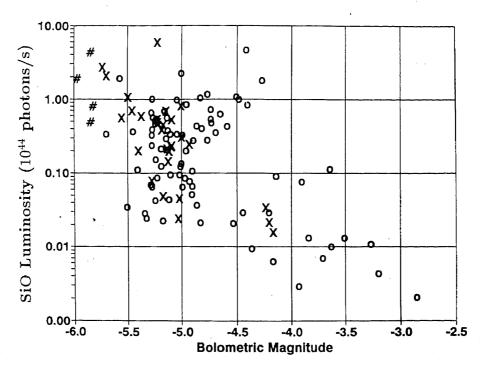


Figure 13. A plot of SiO maser luminosity versus the bolometric magnitude of the source. 'X' = maser, 'o' = non-maser and '#' = supergiant star.

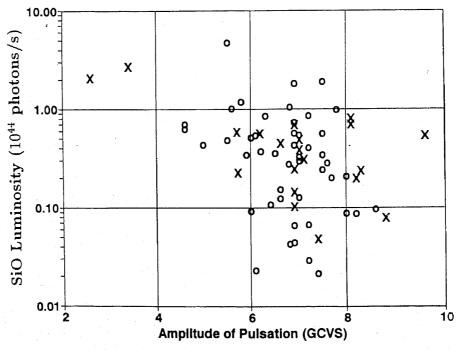


Figure 14. A plot of SiO maser luminosity of Mira variables versus their visual amplitude of pulsation. The amplitudes in magnitude units are from GCVS (Kholopov 1985). 'X' = maser and 'o' = non-maser.

GCVS (Kholopov 1985) a value of  $\Delta m_v$  is available for almost all the sources in our list. These are recent values of  $\Delta m_v$  where as the AAVSO  $\Delta m_v$  (and the 'notes' in the third edition of GCVS) represent mean values which were not available for all the sources in Fig. 14.



This result needs to be confirmed by observing more sources and using the mean values of  $\Delta m_v$ . It may also be useful to check for this anti-correlation by plotting the ratio of SiO maser and thermal (v=0) emission against  $\Delta m_v$ . We expect such a comparison to be free of distance uncertainties and independent of SiO abundance variation from source to source. Further, the visual amplitude has severe molecular blanketing effects (Lockwood & Wing 1971, Whitelock 1990); hence it is perhaps more reliable to use infrared amplitude where molecular absorption is minimal.

It is important to note that the correlations we have discussed are independent of each other. The bolometric magnitude, spectral type and amplitude of pulsation for stars in our sample, do not show any correlation with each other.

## 5. Interpretations

#### 5.1 Non-detections

There are a large number of Mira variables with no detected SiO maser emission. In Table 2, we see that there are several Mira variables in the range of spectral types M6-M10, for which we only have upper-limits on the SiO maser luminosity. The limits for several of these are much below the luminosities for the masing sources detected in our sample. This raises the question— Why are these Mira variables such weak masers if they are masing at all? In Table 2, we find that there are many sources which have been detected previously, at 43 and 86 GHz. These sources are marked by 'a' and 'b' respectively, in column 7. Generally, the 43 GHz emission is expected to be about twice as strong as the 86 GHz (Snyder & Buhl 1975). Therefore, those sources which are already weak at 43 GHz should be even weaker at 86 GHz and thus will not be detectable with our sensitivity. On the other hand, there are many sources previously detected at 86 GHz, which we have failed to detect. We look at these and other non-detections in the light of the dependence of the maser power on intrinsic stellar properties discussed above.

For those sources for which data is insufficient, obviously, no statement can be made. Of the remaining, those which have  $M_{\rm bol} > -4.8$  are expected to be weak

The dependence on the phase of pulsation  $\phi$  affects the maser emission in two ways. Because the spectral type varies with  $\phi$ , for some stars (e.g. R Com, R Tau) the spectral type at the phase of our observation would have been earlier than M6, suppressing the maser emission. Secondly, the maser output is expected to vary with  $\phi$  such that it will be low in the range  $0.5 < \phi < 0.9$ . This of course will be of more significance for those sources whose stellar parameters have values close to the cut-offs or are at a large distance (e.g., T Lep, RW Lyr).

The coordinates used for our observation of Y Cas were not precise. For some other sources (e.g., T Cep, UU Cen), the data is noisier than average ( $\sigma \cong 0.10 \, K$ ). In a few cases, just the large distance could push the flux level below our sensitivity limit, e.g., comparing W Cnc and R Hya we see that the flux for the former would be  $\approx 1/30$  of that for the latter.

The non-detection of the maser emission from sources in Table 2 can thus be understood in terms of the factors discussed above. It lends indirect support to the conclusions of previous sections. Only two sources (RT Aql and S Ori) cannot be

understood in these terms. It should be noted that at least a few of the sources are expected to show maser emission if observations are made with better sensitivity (e.g. W Cnc, W Eri) or at a proper phase (e.g. S CMi, X Hya).

#### 5.2 Dependence of Maser Power on Spectral Type

The SiO maser power clearly must depend on the molecular abundance of SiO in the atmosphere of the Mira variable. As seen earlier, one of the main results that has emerged from our observations is that the masing Mira variables have spectral types later than M6. Indeed, this dependence of the maser power on the spectral type could simply be due to a lower abundance of SiO in stars having spectral types earlier than M6. Such an abundance variation was in fact predicted by Johnson, Beebe & Sneden (1975). Rinsland & Wing (1982)<sup>1</sup> observed the vibrational-rotational transitions in SiO, at  $4 \mu m$  from several M-giants and a few Mira variables of various spectral types. They found that the equivalent width of the absorption band increased with the spectral type, showing that above a temperature of  $\sim 3000 \, \mathrm{K}$ , there was a steep decline in the value of the equivalent width which could not be due to the dissociation of SiO. A similar effect is also expected for the abundance of water (Tsuji 1978). We therefore suggest that a reduction in the abundance of SiO in earlier spectral types is the cause for the observed dependence of the SiO maser power on effective temperature (spectral type). This can be tested by future observations of SiO in thermal rotational transitions from Mira variables covering a wide range of spectral types.

#### 6. Conclusions

There seem to be two criteria which may inhibit a Mira variable from giving rise to SiO maser emission at 86 GHz: They are: (1) Spectral type earlier than M6 (or  $\log T_{\rm eff} \geqslant 3.48$ ) and (2) Bolometric magnitude fainter than -4.8 magnitudes.

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<sup>&</sup>lt;sup>1</sup> We are grateful to Dr. T. Tsuji for this reference.

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