Chapter 5

## The SiO Maser Luminosity...

As a first step towards knowing the relationship between the maser phenomenon and the properties of the Mira variables, in this chapter, we convert the observed maser fluxes into luminosities. To calculate the true maser luminosity, one needs to know or assume something about its isotropy. According to Alcock and Ross (1984), the maser emission is likely to be highly anisotropic. VLBJ observations indicate emission from spots located around the star over a region of angular dimensions about 5 times the stellar radius (hloran et al. 1979, Lane et al. 1984, McIntosh et al. 1989). It is likely that the emission is beamed and that some of these beams are aimed towards us appearing as spots. However, at present there is not enough data (e.g., time-monitoring with VLBI), to conclude anything about the geometry of the total emission from the source. We can do no better than to assume that no matter from which direction one is looking at the Mira variable. one would see more-or-less the same number of masing spots and also that their filling factor is the same for all Miras.

### 5.1 Distances of the Mira variables

Next, to calculate the maser luminosity, we need to know distances of the Mira variables. We have tried all the known methods to find the distances. The method numbered as 7 below was found to be the moat reliable one. To make the reliability of this method apparent, we give below a short description of the other methods.

These are summarized in Fig. 1. In all the methods discussed, distances are obtained by comparing the observed magnitudes with the absolute magnitudes using,

$$
\begin{equation*}
\boldsymbol{m}-M=5 \log D-5+A(D) \tag{1}
\end{equation*}
$$

where D is the distance in parsecs, m is the apparent magnitude and M is the absolute magnitude, $\mathrm{A}(\mathrm{D})$ is the extinction function. This equation is solved iteratively, to obtain the distance. The methods differ in the ways of obtaining the apparent and absolute magnitudes, and the extinction correction.


Figure 1: Summary of methods to obtain the distances to Mira variables

1. Cahn and Wyatt 1978.

These authors provide a plot of mass $\mathrm{v} / \mathrm{s}$ luminosity, with curves of constant periods and constant spectral-types drawn over it (see Fig. 2 of Cahn and Wyatt, 1978). This figure is obtained from a theoretical model of evolution of Mira variables discussed in the paper. Knowing the period and spectral-type of a Mira variable, one can obtain from this figure both, mass and luminosity. Using a constant bolometric correction, they obtain the bolometric magnitude from

$$
\begin{equation*}
\overline{M_{b o l}}=4.75-2.5 \log \mathrm{~L} . \tag{2}
\end{equation*}
$$

The distances quoted in this paper are reproduced in column 1 of Table 1. Distances obtained by the same method applied to some other SiO sources, by Snyder et al. (1978), are listed in columı 1. As seen from Fig. 1, there are three observed quantities which can go as inputs to this method. Corresponding to these, we have listed the distances in columns $\mathrm{la}, \mathrm{lb}$, and lc of Table 1 . It is interesting to note that there are several well known Mira variables which fall outside the "wedge" in Fig. 2. of Cahn and Wyatt's paper. The authors had claimed that the Mira phase in the star's evolution occured only inside this wedge.
2. Eggen 1971.

This author has used some stars in the Hyades cluster and calibrated the absolute magnitudes against ( $\mathrm{R} \mathbf{- I}$ ) colours. This calibration is then used to obtain the absolute magnitudes for other stars, from their ( $\mathrm{R}-\mathbf{I}$ ). There is no correction applied for interstellar extinction. These values of distances are listed in column 2 of Table 1.

Table 1: Distances using various methods

| No. | SOURCE | Quoted |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | cal. | 1 | 2 | 3 | 4 | 5 | 6 |
| 1 | AFGL 3068 |  |  |  |  |  |  |  |
| 2 | AFGL1977 |  |  |  |  |  |  |  |
| 3 | AND W |  |  |  |  |  |  |  |
| 4 | AND Z |  |  |  |  |  |  |  |
| 5 | ANT V |  |  |  |  |  | 1227 |  |
| 6 | AQL MU |  |  |  |  |  |  |  |
| 7 | AQL RT |  |  |  |  |  | 637 | 635 |
| 8 | AQL V450 |  |  |  |  |  |  |  |
| 9 | AQR EP |  |  |  |  |  |  |  |
| 10 | AQR R |  |  |  |  | 181 |  |  |
| 11 | ARI R |  |  |  |  |  |  |  |
| 12 | ARI U |  |  |  |  |  |  |  |
| 13 | AUR EY |  |  |  |  |  |  |  |
| 14 | AUR NV |  |  |  |  |  |  |  |
| 15 | AUR R |  |  |  |  |  |  |  |
| 16 | AUR U |  |  |  |  |  |  |  |
| 17 | AUR UV |  |  |  |  |  |  |  |
| 18 | AUR YY |  |  |  |  |  |  |  |
| 19 | BOO R |  |  |  |  |  |  |  |
| 20 | BOO RX |  |  |  |  |  | 460 |  |
| 21 | BOO Z |  |  |  |  |  |  |  |
| 22 | CAE R |  |  |  |  | 440 |  |  |
| 23 | CAM TX |  | 696 |  | 870 |  |  |  |
| 24 | CAM W |  |  |  |  |  |  |  |
| 25 | CAS R |  | 266 |  | 322 |  | 230 | 207 |
| 26 | CAS Y |  |  |  |  |  | 620 | 538 |
| 27 | CEN RT |  |  |  |  |  |  |  |
| 28 | CEN RX |  |  |  |  |  |  |  |
| 29 | CEN TU |  |  |  |  |  |  |  |
| 30 | CEN UU |  |  |  |  |  |  |  |
| 31 | CEN V423 |  |  |  |  |  |  |  |
| 32 | CEN V744 |  |  |  |  |  |  |  |
| 33 | CEN VX |  |  |  |  |  |  |  |
| 34 | CEN Y |  |  |  |  |  |  |  |
| 35 | CEP MU |  |  |  |  |  |  |  |
| 36 | CEP T |  | 240 |  | 233 |  |  |  |
| 37 | CET O | 76 | 114 |  | 84 |  | 77 |  |
| 38 | CMA CY |  |  |  |  |  |  |  |
| 39 | CMA DN |  |  |  |  |  |  |  |
| 40 | CMA SY |  |  |  |  |  |  |  |

Table 1: (contd.)

| No. | SOURCE | Quoted |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | cal. | 1 | 2 | 3 | 4 | 5 | 6 |
| 41 | CMA VY |  |  |  |  |  |  |  |
| 42 | CMI S |  |  |  |  |  |  |  |
| 43 | CMI U |  |  |  |  |  |  |  |
| 44 | CNC R |  | 339 |  | 343 |  |  |  |
| 45 | CNC RR |  |  |  |  |  |  |  |
| 46 | CNC RS |  |  |  |  |  |  |  |
| 47 | CNC RT |  |  |  |  |  |  |  |
| 48 | CNC T |  |  |  |  |  |  |  |
| 49 | CNC W |  |  |  |  |  |  |  |
| 50 | CNC X |  |  |  |  |  |  |  |
| 51 | COL W |  |  |  |  |  |  |  |
| 52 | COM R |  |  |  |  |  |  |  |
| 53 | CRB S |  | 467 |  | 492 |  | 397 | 384 |
| 54 | CRT R |  |  |  |  | 294 | 741 |  |
| 55 | CRT S |  |  |  |  |  |  |  |
| 56 | CRV R |  |  |  |  |  |  |  |
| 57 | CVN T |  |  |  |  |  |  |  |
| 58 | CVN TX |  |  |  |  |  |  |  |
| 59 | CVN V |  |  |  |  |  |  |  |
| 60 | CYG CHI |  |  |  |  |  |  |  |
| 61 | CYG KY |  |  |  |  |  |  |  |
| 62 | CYG R |  |  |  |  |  |  |  |
| 63 | CYG SX |  |  |  |  |  |  |  |
| 64 | CYG U |  |  |  |  |  |  |  |
| 65 | CYG UX |  |  |  |  |  | 555 | 1118 |
| 66 | CYG V407 |  |  |  |  |  |  |  |
| 67 | CYG Z |  |  |  |  |  | 990 | 829 |
| 68 | DOR R |  |  |  |  |  | 234 |  |
| 69 | DRA R |  |  |  |  |  |  |  |
| 70 | ERI V |  |  |  |  |  |  |  |
| 71 | ERI W |  |  |  |  | 580 | 679 |  |
| 72 | ERI Z |  |  | 265 |  |  |  |  |
| 73 | GEM EE |  |  |  |  |  |  |  |
| 74 | GEM UZ |  |  |  |  |  |  |  |
| 75 | HER RU |  |  |  | 575 |  |  | 714 |
| 76 | HER T |  |  |  |  |  |  |  |
| 77 | HER U |  | 397 |  | 454 |  | 322 | 321 |
| 78 | HER V443 |  |  |  |  |  |  |  |
| 79 | HOR R |  |  |  |  |  | 177 |  |
| 80 | HYA R | 166 |  | 160 | 124 |  |  |  |

Table 1: (contd.)

| No. | SOURCE | Quoted |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | cal. | 1 | 2 | 3 | 4 | 5 | 6 |
| 81 | HYA RR |  |  |  |  |  |  |  |
| 82 | HYA RT |  |  |  |  |  |  |  |
| 83 | HYA RU |  | 734 |  |  |  | 671 |  |
| 84 | HYA S |  |  |  |  |  |  |  |
| 85 | HYA SW |  |  |  |  |  |  |  |
| 86 | HYA T |  |  |  |  |  |  |  |
| 87 | HYA TU |  |  |  |  |  |  |  |
| 88 | HYA U |  |  |  |  |  |  |  |
| 89 | HYA V |  |  |  |  |  |  |  |
| 90 | HYA W |  | 135 |  |  |  |  | 100 |
| 91 | HYA X |  |  |  |  |  | 765 |  |
| 92 | HYA Y |  |  |  |  |  |  |  |
| 93 | IR 11 |  |  |  |  |  |  |  |
| 94 | IR 6 |  |  |  |  |  |  |  |
| 95 | IRC+60169 |  |  |  |  |  |  |  |
| 96 | IRC+70066 |  |  |  |  |  |  |  |
| 97 | IRC-10414 |  |  |  |  |  |  |  |
| 98 | IRC-10529 |  |  |  |  |  |  |  |
| 99 | LEO R | 191 | 147 | 148 | 258 |  | 238 | 129 |
| 100 | LEO S |  |  | 410 |  |  |  |  |
| 101 | LEO VY |  |  |  |  |  |  |  |
| 102 | LEP R |  |  |  |  |  |  |  |
| 103 | LEP RT |  |  |  |  |  |  |  |
| 104 | LEP SY |  |  |  |  |  |  |  |
| 105 | LEP T |  |  |  |  | 306 |  |  |
| 106 | LIB FS |  |  |  |  |  |  |  |
| 107 | LIB RR |  |  |  |  |  |  |  |
| 108 | LIB RS |  |  |  |  |  |  |  |
| 109 | LIB RU |  |  |  |  |  |  |  |
| 110 | LMI R |  |  |  |  |  | 352 | 324 |
| 111 | LMI RW |  |  |  |  |  |  |  |
| 112 | LUP R |  |  |  |  |  |  |  |
| 113 | LYR RW |  |  |  |  |  |  |  |
| 114 | LYR V |  |  |  |  |  |  |  |
| 115 | MIC T |  |  |  |  |  |  |  |
| 116 | MIC V |  |  |  |  |  | 906 |  |
| 117 | MON ER |  |  |  |  |  |  |  |
| 118 | MON FX |  |  |  |  |  |  |  |
| 119 | MON GN |  |  |  |  |  |  |  |
| 120 | MON GX |  |  |  |  |  |  |  |

Table 1: (contd.)

| No. | SOURCE | Quoted |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | cal. | 1 | 2 | 3 | 4 | 5 | 6 |
| 121 | MON U |  |  |  |  |  |  |  |
| 122 | MON V |  |  |  |  |  |  |  |
| 123 | OPH R |  |  |  |  |  |  |  |
| 124 | OPH RS |  |  |  |  |  |  |  |
| 125 | OPH RT |  |  |  |  |  |  |  |
| 126 | OPH RU |  |  |  |  |  |  |  |
| 127 | OPH VIllı |  |  |  |  |  |  |  |
| 128 | ORI DT |  |  |  |  |  |  |  |
| 129 | ORI EP |  |  |  |  |  |  |  |
| 130 | ORI EU |  |  |  |  |  |  |  |
| 131 | ORI S |  |  |  |  |  |  |  |
| 132 | ORI U |  |  |  | 292 |  | 239 | 282 |
| 133 | ORI V |  |  |  |  |  |  |  |
| 134 | ORI W |  |  |  |  |  |  |  |
| 135 | PEG R |  | 499 |  | 557 |  | 470 | 420 |
| 136 | PER AX |  |  |  |  |  |  |  |
| 137 | PER S |  |  |  |  |  |  |  |
| 138 | PIC S |  |  |  |  |  | 322 |  |
| 139 | PSC R |  |  |  |  |  |  |  |
| 140 | PSC WX |  |  |  |  |  |  |  |
| 141 | PUP Z |  |  |  |  |  |  | 801 |
| 142 | PYX S |  |  |  |  |  |  |  |
| 143 | PYX X |  |  |  |  |  |  |  |
| 144 | SCO AH |  |  |  |  |  |  |  |
| 145 | SCO RR | 275 |  |  |  |  |  |  |
| 146 | SER S |  |  |  |  |  |  |  |
| 147 | SER WX |  |  |  | 1785 | 562 | 1720 |  |
| 148 | SGE HM |  |  |  |  |  |  |  |
| 149 | SGR RR |  |  |  |  |  | 336 | 476 |
| 150 | SGR VX |  |  |  |  |  |  |  |
| 151 | TAU NML |  | 400 |  |  |  |  |  |
| 152 | TAU R |  |  |  |  |  | 743 | 594 |
| 153 | UMA R |  |  |  |  |  |  |  |
| 154 | UMA ST |  |  |  |  |  |  |  |
| 155 | UMA T |  |  |  |  |  |  |  |
| 156 | UMI RR |  |  |  |  |  |  |  |
| 157 | UMI S |  |  |  |  |  |  |  |
| 158 | VEL RW |  |  |  |  |  |  |  |
| 159 | VIR BK |  |  |  |  |  |  |  |

Table 1: (contd.)

| No. | SOURCE |  | Quoted |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  |  | cal. | $\mathbf{1}$ | $\mathbf{2}$ | $\mathbf{3}$ | 4 | 5 | 6 |
| 160 | VIR R |  |  |  |  |  |  |  |
| 161 | VIR RT |  |  |  |  |  | 1150 |  |
| 162 | VIR RU |  |  |  |  |  |  |  |
| 163 | VIR S |  |  |  |  |  |  | 477 |
| 164 | VIR SS |  |  |  |  |  | 330 |  |
| 165 | VIR SW |  |  | 272 |  |  |  |  |
| 166 | VUL R |  |  |  |  |  |  |  |
| 167 | SCL S | 437 |  |  |  |  |  |  |
| 168 | MEN U | 437 |  |  |  |  |  |  |
| 169 | MON X | 347 |  |  |  |  |  |  |
| 170 | OPH X | 251 |  |  |  |  |  |  |

Table 1: (contd.)

| No. | SOURCE | Calculated |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Cla | Clb | Clc | Visual | IR |
| 1 | AFGL 3068 |  |  |  |  |  |
| 2 | AFGL1977 |  |  |  |  |  |
| 3 | AND W |  |  | 1091 | 347 |  |
| 4 | AND Z |  |  |  |  |  |
| 5 | ANTV |  |  | 692 | 923 |  |
| 6 | AQLMU |  |  |  | 2628 |  |
| 7 | AQL RT |  |  | 644 | 596 | 480 |
| 8 | AQL V450 |  |  |  |  | 121 |
| 9 | AQREP |  |  |  |  | 52 |
| 10 | AQRR |  |  | 516 | 254 | 424 |
| 11 | ARI R |  |  |  | 798 | 1377 |
| 12 | ARI U |  |  | 1298 | 354 | 698 |
| 13 | AUREY |  |  | 3494 | 2219 |  |
| 14 | AURNV |  |  |  |  | 1360 |
| 15 | AURR | 467 | 460 | 320 | 318 | 255 |
| 16 | AURU |  |  | 417 | 527 | 495 |
| 17 | AURUV |  |  | 391 | 954 | 766 |
| 18 | AURYY |  |  | 7647 | 2458 |  |
| 19 | BOOR |  |  |  |  | 667 |
| 20 | BOO RX |  |  | 815 | 767 | 138 |
| 21 | BOO Z |  |  | 1210 | 1080 | 1714 |
| 22 | CAE R |  |  | 520 | 459 | 457 |
| 23 | CAM TX |  |  | 1699 | 929 | 317 |
| 24 | CAM W |  |  |  | 1969 |  |
| 25 | CAS R | 289 | 233 | 223 | 237 | 164 |
| 26 | CAS Y |  |  | 1351 | 450 | 586 |
| 27 | CEN RT |  |  |  | 664 | 920 |
| 28 | CEN RX |  |  | 1686 | 729 | 1078 |
| 29 | CEN TU |  |  | 3080 | 1108 |  |
| 30 | CEN UU |  |  | 659 | 1140 |  |
| 31 | CEN V423 |  |  |  | 3431 |  |
| 32 | CEN V744 |  |  |  | 173 | 142 |
| 33 | CEN VX |  |  | 3171 | 300 | 356 |
| 34 | CEN Y |  |  |  | 997 | 181 |
| 35 | CEP MU |  |  |  |  | 238 |

Table 1: (contd.

| No. | SOURCE | Calculated |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Cla | Clb | Clc | Visual | IR |
| 36 | CEP T | 227 | 254 | 327 | 193 | 178 |
| 37 | CET O | 115 |  | 79 | 82 | 112 |
| 38 | CMA CY |  |  |  | 3303 | 423 |
| 39 | CMA DN |  |  |  |  |  |
| 40 | CMA SY |  |  | 3754 | 1962 |  |
| 41 | CMA VY |  |  |  |  |  |
| 42 | CMI S |  |  |  |  | 401 |
| 43 | CMI U |  |  | 2001 | 443 | 1097 |
| 44 | CNC R |  |  | 359 | 316 | 234 |
| 45 | CNC RR |  |  | 4323 | 1500 |  |
| 46 | CNC RS |  |  |  | 312 | 83 |
| 47 | CNC RT |  |  |  | 415 | 124 |
| 48 | CNC T |  |  |  | 298 | 655 |
| 49 | CNC W |  |  | 532 | 364 | 594 |
| 50 | CNC X |  |  |  | 299 | 262 |
| 51 | COL W |  |  |  | 947 |  |
| 52 | COM R |  |  | 898 | 684 | 980 |
| 53 | CRB S |  |  | 309 | 394 | 323 |
| 54 | CRT R |  |  |  | 1670 | 121 |
| 55 | CRT S |  |  |  | 2602 | 285 |
| 56 | CRV R |  |  | 776 | 482 | 750 |
| 57 | CVN T |  |  |  |  | 794 |
| 58 | CVN TX |  |  |  |  |  |
| 59 | CVN V |  |  |  | 391 | 390 |
| 60 | CYG CHI | 22 | 14 |  | 120 | 762 |
| 61 | CYG KY | 22 | 64 |  |  |  |
| 62 | CYG R |  |  |  | 324 | 827 |
| 63 | CYG SX |  |  |  |  | 753 |
| 64 | CYG U |  |  |  | 224 | 736 |
| 65 | CYG UX |  |  |  |  | 1078 |
| 66 | CYG V407 |  |  |  |  |  |
| 67 | CYG Z |  |  | 683 | 618 | 752 |
| 68 | DOR R |  |  |  |  | 60 |
| 69 | DRA R |  |  |  |  | 727 |
| 70 | ERI V |  |  |  | 961 | 114 |

Table 1: (contd.

| No. | SOURCE | Calculated |  |  | Visual | IR |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Cla | Clb | Clc |  |  |
| 71 | ERI W |  |  | 384 | 664 | 814 |
| 72 | ERI 2 |  |  |  | 408 | 157 |
| 73 | GEM EE |  |  | 6411 | 2412 |  |
| 74 | GEM UZ |  |  |  | 2850 |  |
| 75 | HER RU |  |  |  | 357 | 512 |
| 76 | HERT |  |  |  |  | 1414 |
| 77 | HERU | 533 | 454 | 354 | 364 | 325 |
| 78 | HER V443 |  |  |  | 106 |  |
| 79 | HORR |  |  | 329 | 189 | 575 |
| 80 | HYA R |  |  | 116 | 102 | 119 |
| 81 | HYARR |  |  | 2782 | 976 | 1265 |
| 82 | HYA RT |  |  | 444 | 400 | 294 |
| 83 | HYA RU |  |  | 556 | 673 | 671 |
| 84 | HYA S |  |  | 969 | 608 | 1037 |
| 85 | HYA SW |  |  |  | 1630 |  |
| 86 | EIYA T |  |  | 1074 | 564 | 881 |
| 87 | HYA TU |  |  | 3484 | 2082 |  |
| 88 | HYA U |  |  |  | 96 | 293 |
| 89 | HYA V |  |  |  | 129 | 348 |
| 90 | HYA W |  |  | 280 | 453 | 92 |
| 91 | HYA X |  |  |  |  | 408 |
| 92 | HYA Y |  |  |  | 377 | 346 |
| 93 | IR 11 |  |  |  |  |  |
| 94 | IR 6 |  |  |  |  |  |
| 95 | IRC+60169 |  |  |  |  |  |
| 96 | IRC+70066 |  |  |  |  |  |
| 97 | IRC-10414 |  |  |  |  |  |
| 98 | IRC-10529 |  |  |  |  |  |
| 99 | LEO R | 139 | 126 | 143 | 193 | 108 |
| 100 | LEO S |  |  |  | 1454 | 3308 |
| 101 | LEO VY |  |  |  |  |  |
| 102 | LEPR |  |  | 508 | 247 | 384 |
| 103 | LEP RT |  |  | 272 | 1485 |  |
| 104 | LEP SY |  |  | 7461 | 3663 |  |
| 105 | LEP T |  |  | 664 | 388 | 350 |

Table 1: (contd.

| No. | SOURCE | Calculated |  |  | Visual | IR |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Cla | Clb | Clc |  |  |
| 106 | LIB FS |  |  | 5826 |  | 1275 |
| 107 | LIB RR |  |  | 1350 | 682 | 1062 |
| 108 | LIB RS |  |  |  |  | 247 |
| 109 | LIB RU |  |  |  |  | 902 |
| 110 | LMI R | 358 | 387 | 307 | 344 | 272 |
| 111 | LMI RW |  |  |  |  | 778 |
| 112 | LUP R |  |  |  | 1512 | 939 |
| 113 | LYR RW |  |  | 1509 | 1412 | 1019 |
| 114 | LYR V |  |  | 529 | 835 | 888 |
| 115 | MIC T |  |  |  |  | 169 |
| 116 | MIC V |  |  |  | 947 | 1043 |
| 117 | MON ER |  |  |  | 5809 |  |
| 118 | MON FX |  |  |  | 2986 | 875 |
| 119 | MON GN |  |  |  |  |  |
| 120 | MON GX |  |  | 1285 | 2262 | 921 |
| 121 | MON U |  |  |  | 289 | 634 |
| 122 | MON V |  |  |  |  | 511 |
| 123 | OPH R |  |  |  |  | 469 |
| 124 | OPH RS |  |  |  |  |  |
| 125 | OPH RT |  |  |  |  | 817 |
| 126 | OPH RU |  |  |  | 1364 | 1680 |
| 127 | OPH V1111 |  |  |  |  |  |
| 128 | ORI DT |  |  |  | 2104 | 962 |
| 129 | ORI EP |  |  |  | 1470 |  |
| 130 | ORI EU |  |  | 5306 | 1682 |  |
| 131 | ORI S |  |  | 507 | 302 | 345 |
| 132 | ORI U | 393 | 347 | 200 | 238 | 231 |
| 133 | ORI V |  |  | 2626 | 1097 | 1659 |
| 134 | ORI W |  |  |  | 266 | 221 |
| 135 | PEG R | 513 | 526 | 554 | 460 | 471 |
| 136 | PER AX |  |  |  |  | 7558 |
| 137 | PER S |  |  |  |  | 761 |
| 138 | PIC S |  |  | 378 | 295 | 548 |
| 139 | PSC R |  |  |  |  | 916 |
| 140 | PSC WX |  |  |  |  | 1129 |

Table 1: (contd.

| No. | SOURCE | Calculated |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Cla | Clb | Clc | Visual | IR |
| 141 | PUP Z |  |  |  | 343 | 761 |
| 142 | PYX S |  |  |  | 1052 | 1372 |
| 143 | PYX X |  |  |  | 4971 | 2120 |
| 144 | SCO AH |  |  |  |  | 533 |
| 145 | SCO RR |  |  | 174 | 252 | 243 |
| 146 | SER S |  |  | 871 | 715 | 728 |
| 147 | SER WX |  |  | 9445 | 2739 | 1197 |
| 148 | SGE HM |  |  |  |  |  |
| 149 | SGR RR |  |  | 509 | 324 | 472 |
| 150 | SGR VX |  |  |  |  | 410 |
| 151 | TAU NML |  |  | 4086 | 2131 | 262 |
| 152 | TAU R |  |  | 1001 | 700 | 439 |
| 153 | UMA R |  |  |  |  | 313 |
| 154 | UMA ST |  |  |  | 341 | 214 |
| 155 | UMA T |  |  |  |  | 1018 |
| 156 | UMI RR |  |  |  |  | 57 |
| 157 | UMI S |  |  |  |  | 369 |
| 158 | VEL RW |  |  |  |  | 308 |
| 159 | VIR BK |  |  |  | 550 | 134 |
| 160 | VIR R |  |  |  | 457 | 507 |
| 161 | VIRRT |  |  |  | 1208 | 137 |
| 162 | VIR RU |  |  | 414 | 1076 | 573 |
| 163 | VIR S |  |  | 410 | 327 | 416 |
| 164 | VIR SS |  |  | 348 | 312 | 463 |
| 165 | VIRSW |  |  |  | 455 | 86 |
| 166 | VUL R |  |  |  |  |  |

3. Cahn 1976.

Column 3 of Table 1, lists the distances obtained from equation 1, where now the bolometric magnitude is replaced by visual magnitude, $M_{v}$, obtained from a period-luminosity relation given by Clayton and Feast (1970). The extinction is calculated from a transformation of the colour excess.
4. Lepine et al. 1978

These authors have assumed that all Mira variables have the same luminosity at the wavelength of $4 \mu$, and its value is -8.1 , this value is then compared with the observed flux at $4 \mu$ and the distance is again obtained using the same equation (ignoring the extinction). These values of distances are listed in column 4 of Table 1.
5. Lepine arid Paes de Barros (1977).

Column 5 of Table 1 , lists distances which are quoted from the above paper, using the following method. The absolute visual magnitude is obtained from an empirical period-luminosity relation given by Foy et al. (1975), which is nearly the sarne as the one referred to earlier (Clayton and Feast, 1970). The discrepancy between the two occurs for stars in the period bin 150-200 days; the value of absolute magnitude as given by Clayton and Feast is $\mathbf{- 3}$, while it is -1.75 magnitudes according to Foy et al. The reason for this discrepancy is discussed by Robertson and Feast(1981). They favour the P-L relation of Clayton and Feast which is in agreement with that obtained from the globular cluster Miras. The advantage of using the visual magnitude is that it is a well observed quantity for a very large number of stars, unlike the infrared magnitude. The disadvantage lies in its sensitivity to the interstellar extinction correction. In this method
the extinction correction is estimated from the following formula, (Sharov, 1964)

$$
\begin{equation*}
A(D, \mathrm{~b})=\frac{a_{o} \beta}{\sin (b)}\left(1-\exp \frac{-D \sin (b)}{P}\right) \tag{3}
\end{equation*}
$$

where the mean values of the constants $a_{0}$ and $\beta$ are quoted as 0.1824 magnitudes and 114 parsecs, respectively.
6. The distances quoted in column 6 of Table 1, are also from the same reference. But they are derived using a different method, which assumes the infra-red magnitude at 1 micron to be independent of period and equal to -6.5. The apparent magnitude is obtained from observations of Lockwood (1972). The extinction correction at this wavelength is assumed to be half of the value given by equation 3 .
7. Mira variables are intrinsically very luminous objects arid their brightness peaks at infrared wavelengths. Observations of these objects at IR wavelengths, for determining distances has the advantage that the problem of interstellar extinction is less severe. The first attempt in this direction was made by Robertson and Feast (1981). They calibrated the absolute bolometric magnitudes of galactic Mira variables using both statistical parallaxes (following Clayton and Feast 1969), and the distances to a small number of individual variables. The column with the heading 'cal.' in Table 1, lists these stars seperately for comparison of their distances obtained by various methods. Subsequently, Glass and Lyodd-Evans (1981) showed that Mira variables in the LMC satisfy a well defined P-L relation with very little scatter. Menzias and Whitelock (1985) and Feast (1984), find that the galactic cluster Miras also follow a P-L relation whose slope and zero-point are not significantly different from that of the LMC Miras
(Feast,1986). This universal P-L relation is given by,

$$
\begin{equation*}
M_{b o l}=1.12-2.432 \log \mathrm{P} \tag{4}
\end{equation*}
$$

The uncertainty in $M_{b o l}$ is about 0.1 magnitude, within which there is no evidence at present, of the alleged effect of different metal abundances on the zero-point of the P-L relation (Feast, 1986). While the $M_{b o l}$-P-L relation is also important for theoretical studies (e.g., H-R diagram, nature of pulsation - whether Miras are fundamental or overtone pulsators...), for practical applications like distance determination, it is useful to have a similar period-luminosity relation at some infra-red wavelengths at which there exist a large number of photometric observations. Glass and Feast (1982) find such relations for the J, H and K bands, for some Miras in the LMC. All these relations (including the bolometric), have the same order of uncertainties ( $0.1-0.2$ magnitudes), within which they agree with each other. Later, Feast (1984) made a comparative study of the zero-points and slopes of the various P-L relation for the LMC as well as the galactic Miras and concluded that currently, the best available period-luminosity relation for Mira variables is in terms of the K-magnitudes, and is given by,

$$
\begin{equation*}
M_{K}=0.53-3.291 \log \mathrm{P} \tag{5}
\end{equation*}
$$

with a a of about 0.1 magnitude. We have used this relation to derive the distances to the Mira variables in our sample. We have corrected the apparent magnitudes for interstellar extinction according to Feast et al. (1982),

$$
\begin{equation*}
A_{K}=\frac{0.12}{\sin \mathrm{~b}}\left(1-e^{-10 r \sin (b)}\right), \tag{6}
\end{equation*}
$$

where r is the distance in kpc and b is the galactic latitude. The apparent K magnitudes were obtained from Catchpole et al. (1979) and from NASA IR-catalogue (1984). The distances obtained by this method, are listed in Table $2 \quad$ Both these distances are compared with the calibrator distances in Fig. 2. From it, the agreement between these methods seems to be good. But in Fig. 3, which compares distances obtained by the two methods, we see that there are a substantial number of objects for which the visual method gives a significantly different distance compared to the infra-red method. This discrepancy may be due to poor extinction correction and to a smaller extent, an error in the infra-red P-L relation. We feel that the IR distances are more reliable due to their relative insensithity to extinction corrections. We therefore have adopted these distances.

The distances are expected to be independent of the intrinsic stellar characteristics. As a check, we have plotted the adopted IR distances against the amplitude of pulsation in visual magnitude in Fig. 4., and against other stellar quantities, in Figs 5-7. Fig. 4 shows that the scatter is almost uniform, except in the small range of amplitudes around 5 magnitudes. The selection of sources in our sample was without any regard to their visual amplitude. However, the histogram of visual amplitude for the galactic Miras (from the General Catalogue of Variable Stars), peaks approximately in this range (Ikaunieks 1975), therefore, in a randomly drawn sample we would expect a similar distribution which is roughly consistent with a slight excess of scatter in the amplitude bin 4 to 6 magnitudes, in Fig. 4. However, we note that given a distribution of Mira variables in the Galaxy with no preferred spatial location for a particular intrinsic

We estimate an error in these to be about $20 \%$ which is mainly due to the error in distance modulus.


Figure 2: Comparison of the visual and IR distances with the Calibrator distances


Figure 3: Comparison of the visual distances with the IR distances
stellar characteristic, one would expect a larger number of Mira variables for greater distances, regardless of the value of any intrinsic stellar quantity. This does not seem to hold in Figs 4 - 7. This descrepancy could be due to an inadequate extinction correction.

### 5.2 The maser luminosity

As discussed earlier, we have determined the distances to the Mira variables in our sample and obtained the maser luminosities from the observed integrated fluxes under the spectral-lines, by assuming isotropic emission. The photon luminosity of the maser is then given by,

$$
\begin{equation*}
L=\frac{s_{\nu}}{h \nu} 4 \pi D^{2} \tag{7}
\end{equation*}
$$

where $s_{\nu}$ is the integrated flux in $J y \mathrm{~km} \mathrm{~s}^{-1}$, and D is the distance in parsecs.

These distances and luminosities are listed in Table 2. In the next chapter, we compare the maser luminosity with some intrinsic property of Mira variables.


Figure 4: Checking for a correlation between the distance and the visual amplitude


Figure 5: Checking for a correlation between the distance and the mean spectraltype


Figure 6: Checking for a correlation between the distance and the period


Figure 7: Checking for a correlation between the distance and the bolometricmagnitude

Table 2. Distances and Luminosities

| No. | Source | Distance <br> (pc) | SiO Lum. <br> phot./s | No. | Source <br> $($ pc $)$ | Distance <br> phot./s | SiO Lum. |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | AQL RT | 480 | $<0.07$ | 31 | CRT R | 121 | 0.03 |
| 2 | AQR R | 424 | 0.45 | 32 | CRT S | 285 | $<0.03$ |
| 3 | ARI R | 1377 | $<0.87$ | 33 | CRV R | 750 | $<0.21$ |
| 4 | ARI U | 698 | $<0.21$ | 34 | CYG CHI | 762 | 5.92 |
| 5 | AUR R | 255 | $<0.03$ | 35 | CYG R | 827 | $<0.40$ |
| 6 | AUR U | 495 | $<0.09$ | 36 | CYG U | 736 | $<0.28$ |
| 7 | AUR UV | 766 | $<0.22$ | 37 | CYG UX | 1078 | $<1.96$ |
| 8 | BOO RX | 138 | 0.02 | 38 | CYG Z | 752 | $<0.29$ |
| 9 | BOO Z | 1714 | $<1.08$ | 39 | ERI V | 114 | $<0.01$ |
| 10 | CAE R | 457 | 0.39 | 40 | ERI W | 814 | $<0.30$ |
| 11 | CAM TX | 317 | 0.57 | 41 | ERI Z | 157 | $<0.01$ |
| 12 | CAS R | 164 | 0.08 | 42 | IIER RU | 512 | $<0.12$ |
| 13 | CAS Y | 586 | $<0.16$ | 43 | HER U | 325 | 0.49 |
| 14 | CEN RT | 920 | $<0.50$ | 44 | HOR R | 575 | 0.54 |
| 15 | CEN RX | 1078 | $<0.34$ | 45 | HYA R | 119 | 0.05 |
| 16 | CEN V744 | 142 | $<0.01$ | 46 | HYA RR | 1265 | $<0.35$ |
| 17 | CEN VX | 356 | $<0.08$ | 47 | HYA RT | 294 | $<0.04$ |
| 18 | CEN Y | 181 | $<0.01$ | 48 | HYA RU | 671 | 0.31 |
| 19 | CEP T | 178 | $<0.02$ | 49 | HYA S | 1037 | $<0.55$ |
| 20 | CET O | 112 | 0.81 | 50 | HYA T | 881 | $<0.28$ |
| 21 | CMA CY | 423 | $<0.08$ | 51 | HYA U | 293 | $<0.03$ |
| 22 | CMI U | 1097 | $<0.53$ | 52 | HYA V | 348 | $<0.04$ |
| 23 | CNC R | 234 | 0.23 | 53 | HYA W | 92 | 0.52 |
| 24 | CNC RS | 83 | $<0.01$ | 54 | HYA Y | 346 | $<0.05$ |
| 25 | CNC RT | 124 | $<0.01$ | 55 | LEO R | 108 | 0.25 |
| 26 | CNC T | 655 | 0.20 | 56 | LEO S | 3308 | $<4.82$ |
| 27 | CNC W | 594 | $<0.13$ | 57 | LEP R | 384 | $<0.07$ |
| 28 | CNC X | 262 | $<0.03$ | 58 | LEP T | 350 | $<0.04$ |
| 29 | COM R | 980 | $<0.35$ | 59 | LIB FS | 1275 | $<0.48$ |
| 30 | CRB S | 323 | 0.24 | 60 | LIB RR | 1062 | $<0.41$ |

Table 2. (contd.)

| No. | Source | Dist.(pc) <br> $(\mathrm{pc})$ | SiO Lum. <br> phot./s | No. | Source <br> $(\mathrm{pc})$ | Distance <br> phot./s | SiO Lum. |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 61 | LMI R | 272 | 0.14 | 79 | PYX S | 1372 | $<1.10$ |
| 62 | LUP R | 939 | $<0.65$ | 80 | PYX X | 2120 | $<2.31$ |
| 63 | LYR RW | 1019 | $<0.38$ | 81 | SCO AH | 533 | 0.81 |
| 64 | LYR V | 888 | $<0.58$ | 82 | SCO RR | 243 | $<0.02$ |
| 65 | MIC V | 1043 | $<0.72$ | 83 | SER S | 728 | $<0.39$ |
| 66 | MON FX | 875 | $<0.34$ | 84 | SER WX | 1197 | $<1.05$ |
| 67 | MON GX | 921 | 1.06 | 85 | SGR RR | 472 | $<0.10$ |
| 68 | MON U | 634 | $<0.12$ | 86 | SGR VX | 410 | 4.38 |
| 69 | OPH RU | 1680 | $<1.03$ | 87 | TAU NML | 262 | 0.59 |
| 70 | ORI DT | 962 | $<0.68$ | 88 | TAU R | 439 | $<0.09$ |
| 71 | ORI S | 345 | $<0.04$ | 89 | UMA ST | 214 | $<0.01$ |
| 72 | ORI U | 231 | 0.20 | 90 | VIR BK | 134 | $<0.01$ |
| 73 | ORI V | 1659 | $<1.21$ | 91 | VIR R | 507 | $<0.09$ |
| 74 | ORI W | 221 | $<0.02$ | 92 | VIR RT | 137 | 0.02 |
| 75 | PEG R | 471 | 0.69 | 93 | VIR RU | 573 | $<0.07$ |
| 76 | PER S | 761 | 1.91 | 94 | VIR S | 416 | $<0.10$ |
| 77 | PIC S | 548 | $<0.25$ | 95 | VIR SS | 463 | $<0.10$ |
| 78 | PUP Z | 761 | 0.70 | 96 | VIR SW | 86 | 0.02 |

Table 2. (1990 sources) (:ontd.)

| No. | Source | Distance <br> $(\mathrm{pc})$ | SiO Lum. <br> phot./s |
| :---: | :---: | :---: | :---: |
| $\mathbf{1}$ | AQL RT | 480 | $<0.21$ |
| 2 | AQL V450 | 121 | $<0.01$ |
| 3 | AURNV | 1360 | 2.07 |
| 4 | AUR R | 255 | $<0.07$ |
| 5 | BOO R | 667 | $<0.44$ |
| 6 | CEP MU | 238 | 0.49 |
| 7 | CMI S | 401 | $<0.13$ |
| 8 | CVN T | 794 | $<0.45$ |
| 9 | CYGSX | 753 | $<0.56$ |
| 10 | DOR R | 60 | 0.05 |
| 11 | DRA R | 727 | $<0.37$ |
| 12 | HER T | 1414 | $<1.86$ |
| 13 | HYA X | 408 | $<0.11$ |
| 14 | LEP T | 350 | $<0.14$ |
| 15 | LIB RU | 902 | $<0.88$ |
| 16 | LMI RW | 778 | $<0.35$ |
| 17 | LYR V | 888 | $<0.57$ |
| 18 | OPH RT | 817 | $<0.59$ |
| 19 | PIC S | 548 | $<0.35$ |
| 20 | PSC R | 916 | $<1.02$ |
| 21 | PSC WX | 1129 | 2.71 |
| 22 | SCO RR | 243 | $<0.04$ |
| 23 | SGR RR | 472 | $<0.22$ |
| 24 | UMAR | 313 | $<0.07$ |
| $\mathbf{2 5}$ | UMAT | 1018 | $<0.75$ |
| 26 | UMI RR | 57 | $<0.01$ |
| 27 | UMI S | 369 | $<0.14$ |
| 28 | VIR R | 507 | $<0.22$ |
| 29 | VIR S | 416 | 0.21 |
| 30 | VIR SS | 463 | $<0.17$ |

## References

Alcock C., Ross R. R., 1986, Ap. J. 310,838.
Cahn J.H., 1976, Ap. J. 81,407.
Cahn J. H., Wyatt S. P., 1978, A,. J. 221.163.
Catchpole R. M. et al. 1979, South African Astronomical Observatory Circulars 1,61.
Clayton M. L., Feast M. W., 1970, Mon. Not. Royal Astron. Soc. 146,411.
Eggen O. J., 1971, Ap. J. 165,317.
Feast M. W., 1982, Mon. Not. Royal Astron. Soc. 201,439.
Feast M. W., 1984, Mon. Not. Royal Astron. Soc. 211,51p.
Feast M. W., 1986, "Light on Dark Matter", $1^{\text {st }}$ IRAS Conf. Proc., Ed.: Israel F. P., (D. Reidel Publ. Co.)
Foy R., Heck A., Mennessier M. O., 1975, Astron. Astrophys. 43,175.
Kholopov P. N. et al. (Ed.), 1985, General Catalogue of Variable Stars, (hloscow Publishing House).
Glass I. S., Feast M. W., 1982, Mon. Not. Royal Astron. Soc. 198, 199.
Class I. S., Lyodd-Evans T., 1981, Nature 291,303.
Keenan P. C., Garrison R. F., Deutsch .4. J., 1974, Ap. J. Suppl. Ser. 28,271.
Ikaunieks J., 1975, Pulsating Stars Ed. Kukarkin B. V. (John Wiley and Sons.) p 259.
Lane A. P., 1984, IAU Symp 110, VLBI and compact radio sources, p 329, (D. Reidel Publ. Co.)
Lepine J. R. D., Paes de Barros M. H., 1977, Astron. Astrophys. 56,219
Lepine J. R. D., LeSqueren A. M., Scalise E. Jr., 1978, Ap. J. 225,869.
Lockwood G. R., 1972, Ap. J. Suppl. Ser. 24,375.
McIntosh G. C.,et al. 1989, Ap. J. 337,934.
Menzias J. W., Whitelock P. A., 1985, Mon. Not. Royal Astron. Soc. 212,783.
Gezari D. Y., Schmitz M., Mead J. M., 1984, Catalog of Infrared Observations, NASA Ref. Publ. 1118.
Moran J. M., et al. 1979, Ap. J. 231,124.
Pettit E., Nicholson S. B., 1933, Ap. J. 78,320.
Robertson B. S. C., Feast M. W., 1981 Mon. Not. Royal Astron. Soc. 196,111.
Sharov A. S., 1964, Soviet Astronomy 7,689.
Snyder L. E., et al. 1978, Ap. J. 224,514.

Do all Mira variables show the SiO maser emission? In this chapter we shall address this question, with an emphasis on the spectral-type of the Mira variable and its evolutionary status. Preliminary attempts at studying the correlation of the maser power with spectral-type were made by Cahn (1977) and Spencer et al. (1977). Although their investigations were not conclusive enough, this topic has not been followed up since then.

Cahn (1977) reports a correlation between the absolute maser luminosity and the spectral-type. The conclusion he drew from this correlation is that for every spectral-type, there is a maximum value of maser power which the Mira variable attains on approaching the pulsational phase corresponding to the maximum light. Then, by knowing the spectral-type and the optical phase of the star, one could predict its maser power, and use its observation to obtain the distance to the Mira variable. The range of spectral-types covered by Cahn is from M6 to M10, and observations of 15 sources were considered in his study. No negative detections were included. Subsequently, Dickinson et al. (1978). found seven new Mira variables to be masing, and noted that all had spectraltypes later than M4. Of these, Y Cas fitted in the above mentioned correlation while RT Aql did not. The dependence of maser luminosity on spectral-type earlier than M6 not considered by Cahn, remained uninvestigated even later due to lack of adequate observations.

Spencer et al. (1977) noted that at spectral-types near M8, the probability for a Mira variable to show SiO maser emission is greater than $40 \%$. Their sample consisted of 81 stars with very few objects earlier than M6. Their detection limit was 30 Jy and their conclusions were based on fluxes, without taking distances into account.

